

# Peer Support Volunteers Needed!

## Volunteers needed for pregnancy and parenting peer led groups!

### What is the Pregnanting Group?

Pregnanting is a community-led project that connects people who are pregnant or parenting with peers who've been there too. It's all about sharing experiences, learning from each other, and building real friendships along the way.

### SHARE YOUR EXPERIENCE TO SUPPORT OTHERS!

#### A great Peer Lead is someone who:

- Loves supporting others in their community
- Has personal experience with pregnancy or parenting
- Lives in or near Chicago
- Can meet virtually with a small group for one hour each week



#### As a Peer Lead, you'll:

- Chat about all things pregnancy and parenthood
- Share helpful local resources
- Encourage others to speak up and share
- Help build a warm, supportive space for families
- Participate in Planning Meetings

Interested? Contact Jose for more details at [pregnantinggroup@gmail.com](mailto:pregnantinggroup@gmail.com)